

Northern Hill Academy's

Virtual ESY's
Weekly
NEWSLETTER

Issue 4: August 3, 2020



Welcome to the inside scoop at
NHA's Virtual ESY

This week's theme was...
Midwest Region

Wisconsin makes
some delicious
cheeses!





This week we visited the states Wisconsin, Illinois, and Nebraska. The kids enjoyed school wide, a field day and a trip to Cincinnati Zoo. The students are doing an amazing job with attending all of their scheduled Zoom meetings. They are maintaining their math and ELA skills as well as staying on level in Raz Kids!

asdfghijkl;
kvjiad
ilkdf

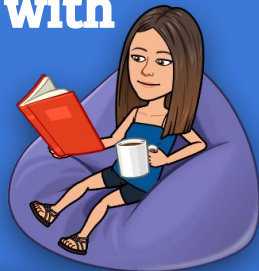
Ms. Alyssa's Class



Raz-Plus

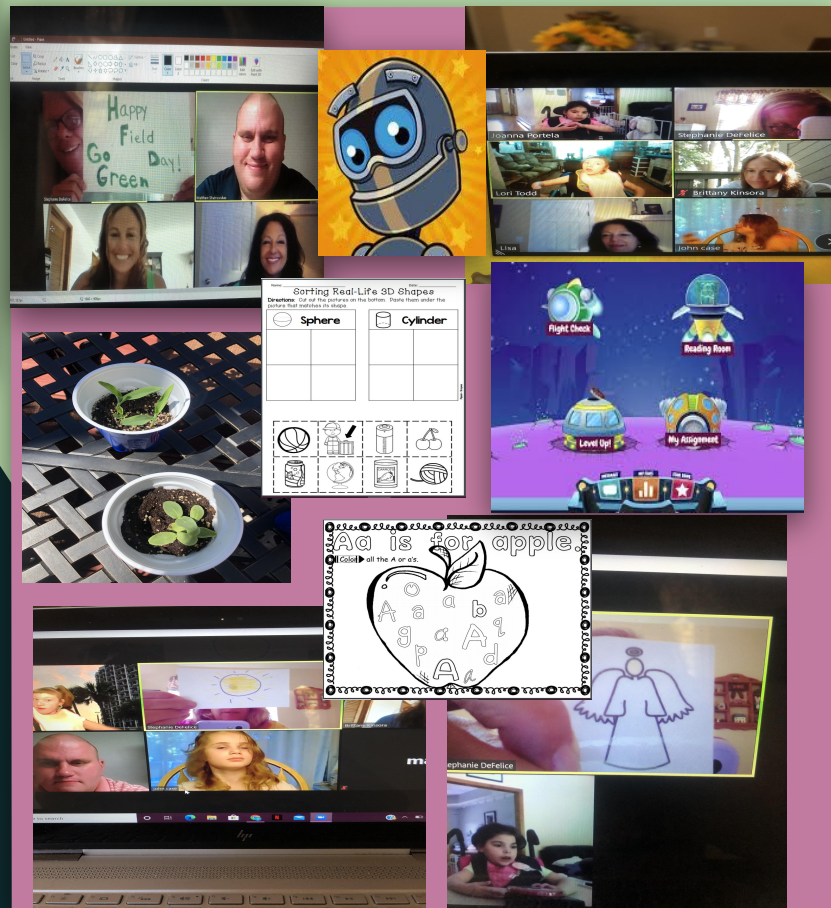


“Reading is dreaming with open eyes.”



Ms. Stephanie's Class

Week #4 found our class in the midwest. Our class participated in Midwest Zoom Bingo. We learned about the states and some fun facts. For Field Day, our class staff was there to cheer the students on! Our cukes and corn that we planted last week are growing! We are keeping up with our reading skills. Let's see how many books we can read during our Read-A-Thon! We continue honing our other skills as well!



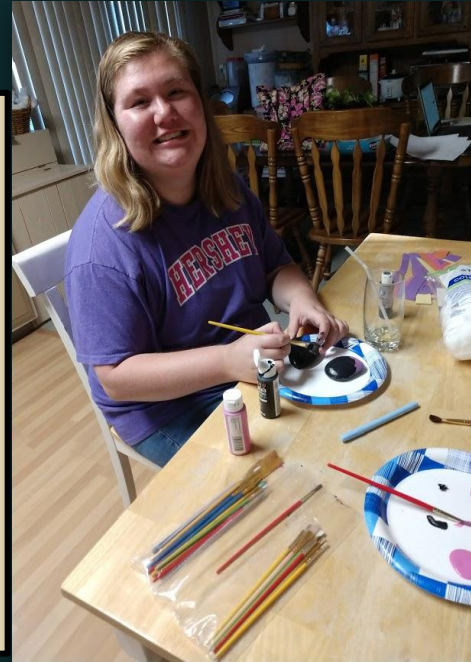
Ms. Pattie's Class

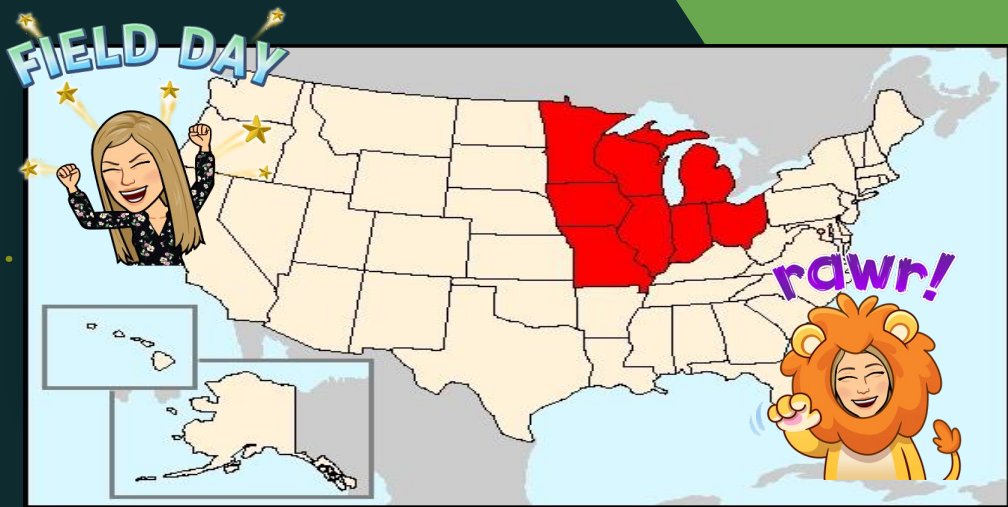
...is Rockin' PEACE!



Ms. Pattie's class is **ROCKIN' PEACE** with an **ART** project. The **scholars** traveled to the **midwestern** part of the **United States** with **Mr. Brian**, and the **Cincinnati Zoo**! Ms. Janet treated us to a **Fun Friday** activity and we **socialized** with our **friends**! Our last **Fun Friday** will feature a **special guest** who will lead us in a **drum circle**! The **scholars** participated in **Field Day** events which was **organized** by **Ms. Erin**! **Zoom lessons** during the week **focused** on **AAC** and communication, **sight words**, spelling, **digraphs**, and **numeracy**.

"Time sure flies when you're having FUN!"





Week 4 of ESY was spent exploring some of the midwestern states in the US. We participated in a fun field day that Ms. Erin put together for us. Our fun Friday virtual field trip was to the Cincinnati Zoo. Keep up all the great work and I will see you all on zoom for direct instruction :)

Ms. Caitlin's Class





Ms. Amber's Class

Cant believe that the upcoming week is the final full week of ESY! We have almost made it through! Last weekend Nick celebrated his sister Jessica's engagement! We all know Jessica, she brings Mia the Therapy Dog in to visit us . This week in ESY we had an awesome trip presented by Ms. Pattie to the Cincinnati Zoo! Baby Fiona was a favorite of ours!!



Principal Jenny has been working hard at school getting everything ready for you to come back. She also found some tomato plants in our NHA Learning Garden to take care of.



Principal Jenny & Supervisor Sara's Week



ACTION CALENDAR: ALTRUISTIC AUGUST 2020



SATURDAY

1 Choose to be kind to others (and yourself) all this month

8 Give unused items, clothes, food or money to help a local charity

15 Cook your favourite food for someone who will appreciate it

22 Today do something to make life easier for someone else

29 Plan a future project or gathering for your local community

SUNDAY

2 Send a positive message to someone you can't be with

9 Water some flowers or plants in a public park or outdoor space

16 No plans day! Be kind to yourself so you can be kinder to others

23 Turn your phone off and give people your full attention

30 Today do something to be kind to nature and our planet

MONDAY

3 Treat everyone you interact with as though they are a friend

10 Contact a friend to let them know you're thinking of them

17 Make a thoughtful gift as a surprise for someone

24 Take time to forgive someone who hurt you in the past

31 Share Action for Happiness with other people today



TUESDAY

4 Ask someone how they feel and really listen to their reply

11 Be thankful for your food and the people who made it possible

18 Give your time to help a project or charity you care about

25 Give your time and energy to help someone in difficulty

WEDNESDAY

5 Spend time wishing for other people to be free from suffering

12 Share an encouraging news story to inspire others

19 Check in with someone who may be lonely or feeling anxious

26 Find a way to 'pay it forward' or support a good cause

THURSDAY

6 Smile and be friendly, even when 'physical distancing'

13 If someone annoys you, be kind. Imagine how they are feeling

20 Look for the good side in everyone you meet today

27 Notice when someone is down and try to brighten their day

FRIDAY

7 Thank someone you're grateful to and tell them why

14 Try to bring a smile to as many people as possible today

21 Tell someone about a book or article you found helpful

28 Start friendly conversations with people you don't know



In a world where you can be anything, be kind.
Every act of kindness makes a difference.

AUGUST

ACTION FOR HAPPINESS



www.actionforhappiness.org

Learn more about this month's theme at www.actionforhappiness.org/altruistic-august

Keep Calm · Stay Wise · Be Kind



Field Day Success!

Northern Hills Academy
10 Gail Court
Sparta, NJ 07871
973-579-6980

